



A WORLD WITH LESS HUNGER

Community Fridges

Every day nature produces enough for our need. If each one took what was necessary, there was no poverty in the world and no one would starve to death.

-Mahatma Gandhi

Por Derek Santos Sidi

Thera Amazon Institute

In 2004, the Habterra Verde association was created to help the working class of the Amazonian people to have their own home and housing. The Institute helped develop social projects with the indigenous association to promote housing for indigenous peoples who wanted to live and prosper in the capital, in early 2020 a new method of visualization of the Amazon was exposed to members and in 2022 it was restructured as the Thera Amazônia Institute. The institute is committed to investing its experience and resources to develop the Amazon Society digitally and create a citizenship of 5.0 for all with the aim of mitigating the destruction of the forest, promoting the promotion of human development and the blue economy.

The institute uses guided studies of colleges, doctorates and ISO 37120 (International Organization for Standardization), which is already used in first world countries to develop their citizenship, in order to achieve a lasting change in all bases of civilization, such as education, security, connectivity, culture, health, among other rights that are clarified in Article 6 of the Brazilian constitution and promoted by the Institute.



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Abstrato

People are to shine, not to die of hunger.

-Caetano Veloso, brazilian poet and musician

"Community Refrigerator" is an initiative that proposes an innovative and collaborative approach to combat hunger on the streets, uniting efforts of supermarkets, government and charities. The project focuses on the installation of refrigerators with food in easily accessible public spaces, including health centers, police stations and Social Assistance Reference Centers (CRAS). These refrigerators are supplied with surplus food from local supermarkets, significantly reducing food waste.

The strategy behind the project, analyzing the importance of union between different sectors of society to ensure access to nutritious food for all. In addition, we examined the social impact of this project, highlighting how it not only relieves hunger, but also strengthens the community by promoting solidarity and shared responsibility in relation to food security.

"Community Refrigerator" represents a call to joint action and a commitment to ensure that no one in our society goes hungry. This project exemplifies how collaboration can be the key to solving complex problems and promoting a more just and compassionate society.

Hunger is on the street

'Brazil has 21 million people who have nothing to eat every day.'

ONU, ([2023](#))

Hunger is a persistent reality that affects countless lives around the world, and often its roots are closer than we imagine. In the streets of our cities, in the midst of everyday agitation, hunger is a silent but overwhelming presence. It is a problem that cannot be ignored, an injustice that cannot be tolerated and a responsibility that cannot be transferred.

On every corner, in each neighborhood, there are people struggling to satisfy one of the most basic needs of the human being: nutrition. Hunger on the streets knows no geographical, social or cultural limits. It affects men, women and children, cutting through economic and educational barriers. It is a dark reality that requires an urgent and effective response.

In this paper, we present the "Community Refrigerator" project, an initiative that seeks to face this humanitarian crisis head-on. More than a project, it is a call to action and a testimony of our ability, as a society, to make a difference. "Community Refrigerator" is a proposal that was born from the understanding that, together, we can alleviate the hunger that plagues our streets, uniting supermarkets, government and charities in a common cause.

Throughout this paper, we will explore the strategy, challenges, results and social impact of this initiative, highlighting how collaboration between different sectors of society can not only provide food for those in need, but also strengthen community cohesion and compassion in our increasingly complex world.

"Community Refrigerator" is not just a response to hunger on the streets; it is a manifesto of hope and solidarity that reminds us that, together, we can nourish both the body and the spirit of our society.

Reduce to feed

'Food waste occurs more through intentional actions, while the loss of food is not intentional.'
(2018)

Hunger on the streets is an impactful and often paradoxical reality. We live in a time when food waste is a global concern, while, at the same time, an alarming number of people face food shortages and food insecurity.

To fully understand the severity of the problem, it is imperative to consider some alarming numbers:

According to the Food and Agriculture Organization of the United Nations (FAO), about a third of all food produced globally is lost or wasted annually, which is equivalent to approximately 1.3 billion tons of food.

Paradoxically, data from the Brazilian Institute of Geography and Statistics (IBGE) reveal that millions of Brazilians live in a situation of food insecurity, with no guarantee of constant access to nutritious food.

Child malnutrition is also a significant concern, the Children's Pastoral Survey reveals that the rate went from 3% in 2020 to almost 5% of Brazilian children facing some degree of malnutrition.

Hunger on the streets is a direct manifestation of the problem of food waste in our societies. The abundance of food that arrives at supermarkets and is subsequently disposed of as surpluses, is intrinsically linked to the lack of access to quality food for those who need it most. This situation reveals a systemic failure that requires immediate attention.

There is an awareness about the connection between food waste and hunger. Recent studies show that collaboration between sectors can be an effective solution to mitigate this problem. To address hunger on the streets effectively. Supermarkets can contribute by providing surplus food, the government can facilitate access to strategic locations and charities can ensure responsible distribution. This synergy between different actors not only reduces food waste, but also promotes a more just and compassionate society.

An urgency is needed to address hunger on the streets and find sustainable and effective solutions. To achieve an intellectual development and culture we need to overcome the dissonance between waste and food scarcity, we can turn a problem into an opportunity.

Community Refrigerators+

'Only through coordinated and effective actions will it be possible to overcome the challenges of hunger and build a safer and more sustainable future in terms of food and nutritional security in Brazil.'([2023](#))

Community refrigerators represent an innovative approach to dealing with the issue of food security and food waste in communities. These refrigerators are shared spaces, usually located in public areas, where community members can donate and withdraw food, promoting solidarity and combating food insecurity.

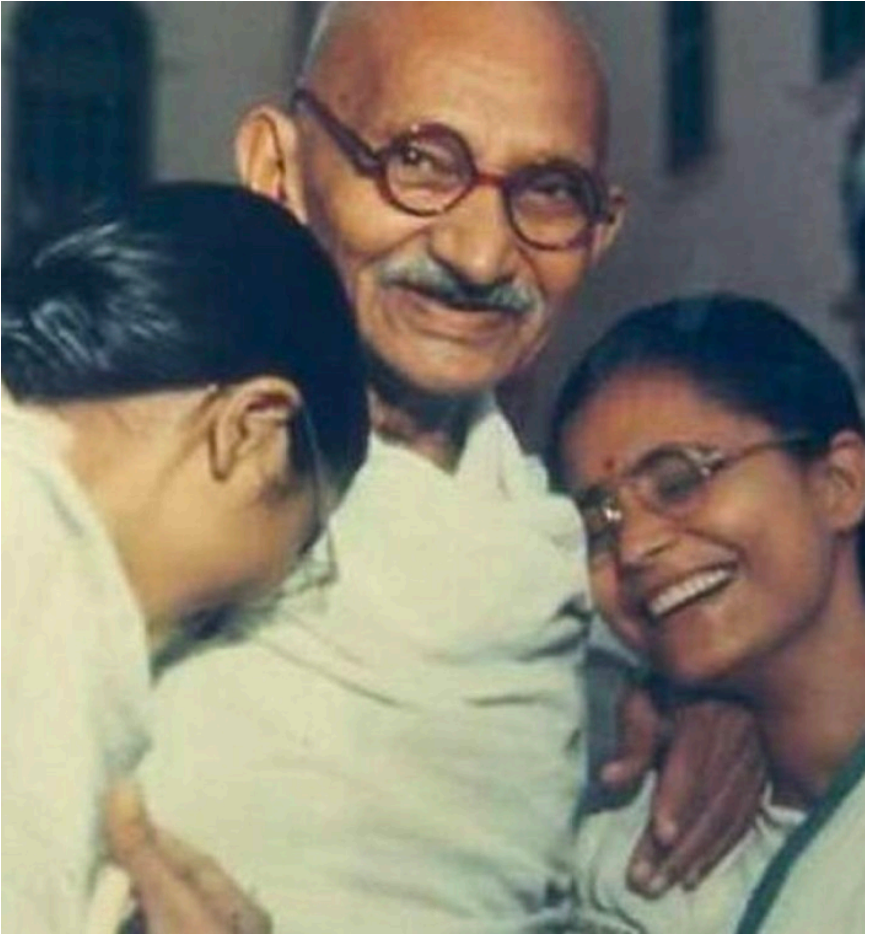
The importance of community refrigerators in the community is multifaceted. First, they play a crucial role in reducing food waste, allowing unused items to be shared instead of discarded. This not only contributes to a more efficient use of resources, but also acts as a direct response to the growing environmental concerns related to food waste.

In addition, community refrigerators promote social inclusion and solidarity, creating a space where community members can come together to support each other. This decentralized approach to food security not only offers access to food for those in vulnerable situations, but also strengthens community ties and promotes a culture of sharing and collaboration.

Another crucial aspect is the positive impact on public health, since community refrigerators encourage the equitable distribution of fresh and nutritious food. This is especially significant in communities where access to healthy food may be limited, thus contributing to improving the quality of life and promoting healthier eating habits.

In short, community refrigerators play a vital role in building more sustainable, inclusive and resilient communities. By combating food waste, promoting solidarity and ensuring equitable access to fresh food, these initiatives become an inspiring example of how social innovation can address fundamental challenges in our society.

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"True compassion requires us to work together to eradicate hunger and misery, building a world where each person can live with dignity and equality."

Mahatma Gandhi

